

RANDOM ACTS OF KINDNESS

Cut these cards out or make your own. Put them in any container (e.g. a jar, a box) and each day take one out to do.

Hold a door
open for
someone

Do a job
without
being asked

Smile at
someone

Draw a
picture for
someone

Tell someone
something
you like
about them

Let someone
go first

Say thank
you to
someone

Tell someone
why they are
important to
you

Leave a nice
note for
someone to
find