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## Welcome to the Inscape House School newsletter!

Dear Parents and Carers.

I hope that this newsletter finds you and your families well. This has been another successful half-term at Inscape. We had a group of 16 students take a day trip to London to visit the Houses of Parliament and this has inspired the students to let us know about further trips they would like to see included within the school curriculum. We have also had one of our work experience partners, <a href="Atkinsrealis">Atkinsrealis</a> come in to run a "Shoebox Solar Oven" workshop with our Middle and Nurture students. The students engaged beautifully and really enjoyed the session.

Inscape have been successful in achieving the Best Practice Teaching Assistant Award. This means that we are now officially recognised as a school who have a strength in supporting, celebrating and developing the increasingly complex roles of teaching assistants and their CPD needs.

Staff have been attending Emotion Coaching training with Sabrina Cummings, our Educational Psychologist. Emotion Coaching is an evidence-based approach to support young people in moments of heightened emotion and teaches healthier or more appropriate ways to respond to or manage a challenge that they are facing or feeling. This training is supporting our staff to help students when they are dysregulated by validating their emotions, making a connection through empathy and helping students to move on from this.

We are delighted to have two parents who are joining our Governing Body. Emma McDonald, who is joining as a Parent Governor, and Lucy Naylor, who is joining as an Appointed Governor.

Our next Parent Partnership event will be an afternoon tea social event on Tuesday 14<sup>th</sup> May at 2pm. If you would like to attend, please click on the link/scan QR code to RSVP for catering

purposes: <a href="https://forms.office.com/e/63Vk5CBB3b">https://forms.office.com/e/63Vk5CBB3b</a>



I wish you all a lovely Easter break. We look forward to welcoming the students back after the break on Tuesday 16<sup>th</sup> April 2024.

With best wishes

Hannah Stollar.

**Head Teacher, Inscape House School** 

An update from Animal Assisted Intervention (AAI)

#### Love is in the air

Our students show so much love and care to each of our AAI animals every day and because of this we didn't want to let Valentine's Day go unnoticed.

We played a social interaction and communication game passing the heart whilst in a group session with our small animals and telling each other interesting facts about themselves. This allowed a group of peers from middle school to practice turn taking, enhancing their communication and friendship skills.

Did you know animals are loving, accepting and non-judgemental? This is why AAI interventions have a great success rate at Inscape to help break down barriers.





#### World book day

The Animal Assisted Intervension department don't like to miss an opportunity to dress up and World Book Day gave us a chance to do just that!

Danielle became Dr Danielle Dolittle 3 with Charlie being her talking dog who helped encourage reading to the students in their sessions.



We also had the tortoises organise a book collection and gave students reading instructions on how to bath them and how to keep them nice and warm on these cold spring mornings.

We certainly went wild about reading!





#### Vets in the making

Our students that are studying for their animal care qualifications have been working on the 'Animals in trouble' module this term. This has involved visiting Lyme Park and the Manchester Museum looking at endangered and extinct animals.

They ended the module by visiting an equine vet to learn about the process of meditation, treatment and emergency first aid on horses.

We certainly have some budding vets on our hands as the level of questioning and knowledge they shared with the vet was fantastic!





#### **Easter celebrations**

Students and staff from Inscape know how to celebrate in style and this year Easter was no exception!

Students took part in an Easter Egg hunt around school leading to the hall to meet our very special guest, Honey the fluffy bunny rabbit! This certainly made our students smile as they were able to stroke and interact with Honey followed by making easter themed crafts with a break time snack.

We also had lots of sensory themed activities which helped us learn about the different kinds of animal eggs and we ended the day with an egg competition.

Danielle and all the AAI animals would like to wish you all a very happy Easter!









## News stories

#### Work experience induction

The Manchester United Foundation work experience has started again this half term. After attending the induction at Old Trafford, which included a fun stadium tour, our Post 16 students have begun working every week in the Megastore. They are working on the shop floor, pricing stock items, replenishing shelves and if needed, answering customer queries.

They are gaining valuable experience in retail and are learning new skills every week!

#### **Pentathlon event**

A group of students from Middle School attended the Manchester United Foundation's Pentathlon event at The Cliff Training Ground this half term. They took part in a range of Pentathlon Sports throughout the day, including Laser Shooting, Kin Ball, Nerf Guns, Boxing and Fencing.

The students thoroughly enjoyed taking part in the different activities and it was great to see how enthusiastic they were!





#### Paul Smith suit fitting

This term, four students from Post 16 were invited by the Manchester United Foundation to the Paul Smith shop in Manchester for a private suit fitting. The students are being gifted the suits by Paul Smith and the Manchester United Foundation as part of the next step into employment after their successful work experience placements at Manchester United's Megastore last year.



The students were very excited about the fitting, and it was amazing to see how professional they all were. The students returned to pick the suits up and take them home to wear for important events and job interviews in the future!

#### Learning key life skills

As part of our Preparation for Adulthood curriculum students in C1 have been learning how to keep the floors clean and tidy during our Independent Living lesson.

Students will be transferring their skills into our 'World of Work' lesson where they will be support to clean the school café at the end of the day.



#### Science week

This term we held a science week where M3 measured the intervals in a pendulum swing and what would happen if we changed the length of the string.

C7 and Nurture made a water clock and we timed which water clock was the most accurate.





#### **Updates from the library**

The students had a wonderful time celebrating World Book Day earlier this month with Spoz coming into school to share his expertise in creating poetry. The students (and staff!) had a blast participating in Rap and Poetry battles and honing their skills in Spoz's workshops.

Well done to our Pupil Librarians, who have been busy preparing our class book packs to support the learning for next term, and keeping our library organised and inviting.









#### **Parliament trip**

Earlier in March, 16 of our students accompanied by 12 staff got the train to London to tour The Houses of Parliament and learn about how ideas become laws.

We were lucky enough to go inside both The Houses of Parliament and The House of Lords and were even allowed to sit on the benches! (they're very comfy so no wonder MPs fall asleep!) We also took part in a workshop to learn about green papers, white papers and the party whip. Following lunch, we had some time to explore Parliament Square, Westminster Bridge and The South Bank, before travelling back to Stockport.

We hope our students will understand the importance of voting and the processes of our government, but also want to share awareness of young autistic people and address stereotypes and misconceptions. We're planning to

do some more work with parliament to make politics more accessible for neurodivergent people. We've also registered for "Our Generation, Our Vote" which will run alongside the General Election. This will allow our students to learn about politics and elections and vote for parliamentary candidates in our constituency.

We will upload the results and be able to compare them to the actual election results as well as give our students the opportunity to speak to the MPs elected about children's rights and the issue they care about.



#### **National Apprenticeship & Education Show**

This month we took a group of pupils from upper school and Post 16 to the National Apprenticeship & Education Show at the Ethiad Stadium. Pupils had the opportunity to learn and be inspired about a wide variety of apprentices and

college opportunities.

Events like this help pupils gather information to support their decision making about their futures, by knowing what education, training and employment is available to them.

One organisation that really caught their attention was the Growth Company, who talked about their summer programme. Over the month of August, pupils at one of their sites get the opportunity to develop their employability skills with activities to develop their confidence and team building skills, with the added bonus of getting paid.

### National Apprenticeship & Education Show

This term our middle school and nurture students participated in a workshop called "Net Zero Superheroes". This was delivered by a group of staff from Atkins Realis. Pupils learnt about what it means to be an engineer and deepen their knowledge about renewable and non-renewable energy, carbon footprint and climate change.



After a break the fun began where the pupils created solar ovens from shoe boxes. The staff from Atkins were impressed with the pupils attention to detail and creative skills. The hall was full of energy and enthusiasm and a sea of tin foil, masking tape and shoe boxes.

The pupils then got to trial their solar ovens by melting marshmallows, the sun should have be used to heat up the oven, but alas on the day the sun was not coming out. Instead the pupils used hair dryers to heat the ovens up and this was very successful and built up enough heat to melt the marshmallows making them warm and gooey.

To follow on from this event the pupils will work in class groups to create an invention to help prevent climate change. Atkins will return to school on the



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