First Aid Policy

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- April 2019 Version 1.1 Updated
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The Health and Safety (First Aid) Regulations 2013 to The Health and Safety (First Aid) Regulations 1981

bullet point 2 - major illness occurs, If necessary - changed to if necessary

First Aid Policy

It is Together Trust policy to comply with the Health and Safety (First Aid) regulations 1981. There are no set rules in legislation on the number of first aiders a workplace should have. This is dependent on several factors and to determine the numbers a risk assessment needs to be carried out considering many different things eg:

- The risk of injury and ill health in the workplace
- Previous accident and ill health history
- Number of people on the site
- Inexperienced workers, people with disabilities or special health problems
- The number of buildings or floors to the premises
- Location of the premises to emergency medical services
- Do members of the public visit your workplace?

First Aid Procedure

- 1. A first aid risk assessment will be completed considering the different factors outlined in the above policy.
- 2. Sufficient first aiders will be present with as a minimum the suggest number in the HSE guidance (see below). A list of first aiders should be present in each service. Enough first aiders will be trained to cover different shifts, holidays and sickness. They will take charge of the situation if a serious injury or major illness occurs, if necessary send for an ambulance and preserve life, prevent the condition worsening and promote recovery in accordance with training received.
- 3. Sufficient numbers of first aid boxes will be present and stored at appropriate locations within the service. They will be correctly stocked and checked that they remain in date.
- 4. Where appropriate a service will have an Automated External Defibrillator (AED), it be ensured that this equipment is in date and fully functioning.

Guidance on number of first aiders from HSE first aid regulations

1 From your risk assessment, what degree of hazard is associated with your work activities?	2 How many employees do you have?	3 What first-aid personnel do you need?
Low hazard eg offices, shops, libraries	Less than 25	At least one appointed person
	25-50	At least one first-aider trained in EFAW
	More than 50	At least one first-aider trained in FAW for every 100 employed (or part thereof)
Higher hazard eg light engineering and assembly work, food processing, warehousing, extensive work with dangerous machinery or sharp instruments, construction, chemical manufacture	Less than 5	At least one appointed person
	5-50	At least one first-aider trained in EFAW or FAW depending on the type of injuries that might occur
	More than 50	At least one first-aider trained in FAW for every 50 employed (or part thereof)