

A JOINT CONFERENCE

LONDON

16 November 2010

Adolescents in public care

Best practice in managing transition and achieving stability



CHAIR

Dave Marriott, Chief Executive,
Together Trust

SPEAKERS

David Berridge, Professor of Child &
Family Welfare, University of Bristol

Professor Nina Biehal, Director,
Social Work Research & Development
Unit, University of York

WORKSHOP PRESENTERS

Dr Ruth Butterworth, Clinical
Psychologist, Alder Hey Children's
NHS Foundation Trust

Steve Grimley, Principal of CYCES
Education Service, Together Trust

Kevin Lowe, Co-Director, Young
People in Focus

Dr Ruth O'Shaughnessy, Clinical
Psychologist, Alder Hey Children's
NHS Foundation Trust

Rosemarie Roberts, Project Director,
Multidimensional Treatment Foster
Care in England

Jill Sheldrake, Director Social Care,
Together Trust

Mike Stein, Research Professor,
Social Policy Research Unit,
University of York

THEME

Adolescence can be a turbulent time for all young people but it can also be one full of opportunity and excitement. Being an adolescent and in public care brings its own challenges, and we need to work hard to enable these young people to make the most of their opportunities and to support them in making a successful transition to adulthood. Many young people in public care struggle with significant questions from their past experiences of abuse and neglect and uncertain future as their emergent adult identity comes to the fore. This can be compounded by struggles with health problems including mental health problems, the challenge of education, work and personal and social relationships.

The majority of the care population are over the age of 11 where a significant proportion of these children will have first entered care under that age. Others will have entered care as adolescents because of a serious breakdown in their family relationships or abuse. They can be a troubled group. The needs, complexities and pathways for all these young people need to be fully understood and addressed.

This conference will provide a stimulating mix of research and lessons from practice that will aim to help those working with or caring for young people to turn research into good practice. The importance of ensuring stability

for young people whilst working through transition will be practically explored in the different issues as well as a real example from a young person explaining what has helped them with their transition. Research findings to be discussed include:

- the needs and responses of the education system
- the impact of neglect on adolescents
- the significance of mental health
- the services provided to adolescents and their families and their entry into care
- the importance of and nature of foster care for adolescents including treatment fostering

AIMS

By the end of the day, delegates will have had an opportunity to:

- consider the importance of achieving stability for young people in order to ensure an effective transition to adulthood and how this can be supported
- examine a substantial range of evidence from a range of highly regarded studies that will inform and improve practice
- hear directly from a young person on what has helped and hindered them in making an effective transition

continued overleaf

Programme

- 10.00** Welcome and introduction by the Chair
Dave Marriott, Chief Executive, Together Trust
- Adolescents in and on the edge of care
Professor Nina Biehal, Director, Social Work Research & Development Unit, University of York
- 11.15** Refreshment break
- 11.45** Workshop session 1
- Workshop 1**
The neglect of adolescent neglect: messages from research
Mike Stein, Research Professor, Social Policy Research Unit, University of York
- Workshop 2**
What makes the difference for adolescents in making a successful transition from public care
Jill Sheldrake, Director Social Care, Together Trust
- Workshop 3**
Supporting adolescents in care to maximise their educational achievements
Steve Grimley, Principal of CYCES Education Service, Together Trust
- 12.45** Lunch
- 1.45** Workshop session 2
- Workshop 4**
How treatment fostering can help achieve stability for young people
Rosemarie Roberts, Project Director, Multidimensional Treatment Foster Care in England
- Workshop 5**
Teenagers in foster care – promoting positive relationships: A UK study and materials development
Kevin Lowe, Co-Director, Young People in Focus
- Workshop 6**
Mental health and well-being in adolescence
Dr Ruth Butterworth and Dr Ruth O’Shaughnessy, Clinical Psychologists, Alder Hey Children’s NHS Foundation Trust
- 2.50** Educating adolescents in care – problems and solutions
David Berridge, Professor of Child & Family Welfare, University of Bristol
- Questions and discussion with panel of speakers
- Chairs closing remarks
- 4.00** Close

ADOLESCENTS IN PUBLIC CARE: 16 NOVEMBER 2010

Booking your place

Title First name

Surname

Position

Organisation

Address/correspondence

Postcode

Telephone Fax

Email*

Billing address/invoice

Postcode

Requirements (eg dietary, disability access)

We will store your details and may want to contact you in the future with more information about our services and activities. Please tick here if you do not want us to do this. We will not pass your information on to a third party without your permission. Data Protection Act 1998.

* For an email confirmation of booking and to be kept informed of BAAF events please provide email address

Workshops (please indicate 1st and 2nd choice, see programme)

Session 1: 1st choice 2nd choice

Session 2: 1st choice 2nd choice

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Individual BAAF member: £135 + £23.63 VAT total: £158.68

Non member: £205 + £33.88 VAT total: £240.88

BAAF membership number

Method of payment

Please invoice

I enclose a sterling cheque payable to 'BAAF Registered Charity' for £

Please debit my Mastercard/Visa/JCB/Maestro/Solo account with the amount of £

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Expiry date Valid from date

Issue number (Maestro only) 3 digit security number

Signature Date

Please return your completed form by 2 November 2010 to: Conference Team, BAAF, Saffron House, 6–10 Kirby Street, London EC1N 8TS
T: 020 7421 2637 F: 020 7421 2601 E: conferences@baaf.org.uk

AIMS (continued)

- gain a greater understanding of the needs of adolescents in public care and explore the practical issues affecting young people in care
- consider how what we know and have learned can be put into practice
- focus on the importance of good assessments, early decision making and long term planning in the light of the challenges faced by adolescents

WHO SHOULD ATTEND

Children's services social workers, practitioners and managers, education and health professionals, CAF/CASS guardians, independent reviewing officers, child and family law practitioners, adoption and fostering panel members, foster carers and adoptive parents, workers and managers including from child and adolescent mental health services, residential children's support workers and youth group workers.

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Venue
CCT Venues – Smithfield
2 East Poultry Avenue
London EC1A 9PT

Date
16 November 2010

Registration time
9.30am – 10.00am

Conference time
10.00am – 4.00pm

Closing date for booking
2 November 2010

Contact
Conference Team
Telephone 020 7421 2637
Fax 020 7421 2601
Email conferences@baaf.org.uk

BAAF IS:

- the leading UK-wide membership organisation for all those involved in adoption, fostering and childcare
- a major publisher and training provider
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- the leading UK charity working for children separated from their birth families

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**BLACK AND MINORITY ETHNIC
CHILDREN IN PUBLIC CARE**

**DISABLED CHILDREN
IN PUBLIC CARE**

**EDUCATION OF CHILDREN
IN PUBLIC CARE**

FOSTER CARE

**HEALTH OF CHILDREN
IN PUBLIC CARE**

**THE LAW AS IT APPLIES TO
CHILDREN IN CARE**

**RESEARCH RELEVANT TO
ADOPTION AND FOSTERING**

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