

the Together Trust

Brief guide to the Together Trust



together
trust

care • education • support • since 1870



Everybody deserves an equal chance in life. There are no exceptions.

This includes those with behavioural challenges, learning difficulties, physical disabilities, complex health needs and autism spectrum conditions. Each one has the ability and the right to experience joy, happiness and hope.

At the Together Trust we do everything in our power to make that happen and we've been doing it since 1870. We continue to meet the needs of thousands of children, young people and adults in the North West and beyond.

There is nothing more rewarding for us than seeing someone break through their barriers and take control of their life.

We can help you identify the best options from our complete range of services. If we can help, our team of specialist staff can devise a tailored solution to meet your needs.

Please contact us

t: 0161 283 4848

e: enquiries@togethertrust.org.uk

www.togethertrust.org.uk

together
trust

Registered charity number 209782





Person centred services

Highly personalised solutions to enable individuals in need to live and learn in their local communities.

Committed to meeting all your personal and placement needs, we work with all ages - from birth to adulthood.

Social care services

For children and adult service users we offer a range of services including fostering, residential care, short breaks, domiciliary care and supported living.

Specialist education services

For pupils and students with multiple and complex learning disabilities including autism spectrum conditions aged 5 to 25 years.

Highly personalised and creative education programmes for children and young people with complex emotional difficulties aged 8 to 16 years.

Specialist ASC services

Assessment, consultancy, diagnostic and speech therapy services. High quality and innovative training for parents and professionals by knowledgeable and experienced staff.

Day services, community support, residential homes, flexible short break services (both residential and fostering) domiciliary care and supported living.



Jay's story

Jay is a young man with severe learning difficulties and significant mental health issues.

Jay was living in a group home and although he had lots of contact from a very supportive family he was very unhappy. This had a huge impact on his general health and wellbeing. At times, he would be highly anxious and begin to exhibit some very challenging and potentially self-harming behaviour that eventually lead to hospitalization.

A skilled team from **Bridge College**, therapists, teachers and nursing staff, worked very closely with people caring for Jay to support them in finding a more suitable home for him. They spent time talking with the people closest to Jay to begin to understand his mental health problems and find ways of working with him. They began to look at how they could give Jay the confidence and skills that would lead him to supported employment in the future.

Bridge College staff are helping Jay to develop strategies that will enable him to manage his anxiety. He is using a TEACCH schedule which helps him understand what is happening now and next, undertaking an internal work placement, learning about keeping safe and being healthy. He has a positive routine that has helped him to gain trust, feel safe and find a secure home for life which he loves. Now Jay is looking forward to volunteering in the community and continuing to make progress towards a very positive future.





Specialist education

As one of the UK's leaders in specialist education the Together Trust has a range of services for young people and adults with multiple and complex learning disabilities including autism spectrum conditions (ASC). We also provide education for young people with complex emotional difficulties.

inscape house

Inscape House Schools

NAS accredited specialist schools in Stockport and Salford for pupils and students aged 5 to 19 years.

Inscape Cheadle

t: 0161 283 4750

e: inscapedheadle@togethertrust.org

Inscape Salford

t: 0161 975 2340

e: inscapesalford@togethertrust.org



inscape centre

The Inscape Centre for Autism (INCA)

Assessment, consultancy, diagnostic and speech therapy services. High quality and innovative training for parents and professionals.

t: 0161 283 4768

e: inca@togethertrust.org



Bridge College

NAS accredited further education for students with complex learning disabilities and/or autism aged 18 to 25 years. Operating in Stockport, the College takes referrals from Greater Manchester and neighbouring authorities.

t: 0161 487 4293

e: admin@bridgecollege.ac.uk



CYCES

Highly personalised and creative education programmes for young people with complex emotional difficulties aged 8 to 16 years. Based in Stockport the school takes referrals from across the country.

t: 0161 283 4832

e: cycsesheadle@togethertrust.org



Parent Partnership and Disagreement Resolution Services.

Advice, information and support to parents and carers to ensure that their child's education needs are understood and respected by all those involved in decision-making.





Valuing people

• your plan • your path • your choice •

Our domiciliary care and supported living services provide a network of possibilities. Awarded 3 Stars (excellent) by the Care Quality Commission in 2009 we provide care and support by dedicated, experienced domiciliary staff.

We provide:

- Support to live at home
- Community based day services promoting independence for disabled young adults
- Individual support in the community
- Day time, evening, weekend and overnight short breaks
- Independent living for those aged 16 years plus
- Person centred community activities providing fun and friendship whilst giving carers a break
- Work opportunities, tailored activity, social networking and personal skills development
- A wide range of training, consultancy and support to families, local authorities and other professionals.

Domiciliary care and support

t: 0161 283 4871

e: domiciliary@togethertrust.org.uk

Day services for disabled young adults (Newbridge)

t: 0161 477 0742

e: newbridge@togethertrust.org



Sinead's story

Sinead came to live at **Overdale**, a Together Trust **residential service**, in 2004. She had vulnerable child status and was supported by staff to maintain family contact which was her only wish at the time.

As Sinead left school, Overdale was there to support her transition to **Bridge College**, the Together Trust's FE College for students with learning difficulties, disabilities and complex needs. Sinead was able to maintain her physio needs including the use of a hydrotherapy pool, with support from Bridge College's physiotherapy department.

Sinead has been through some difficult times; however, with the services of the Together Trust's **play therapist**, Sinead was able to express her emotions proactively.

At 18 Sinead moved into adult services. In order to provide a continuum of care the staff from Overdale worked along side staff from the Together Trust's **Domiciliary Care Service** in Sinead's new home. The Together Trust continues to provide Sinead with skilled and dedicated staff who understand her needs and wishes as Sinead grows into adulthood.

The Together Trust continues to provide support to enable Sinead to live a full and active life.





Residential care

Our outstanding social care services provide highly personalised solutions to enable individuals to live and learn in their local communities. The majority of our Ofsted and CQC registered services are based in the North of England however, we accept referrals from across the country.

We provide:

- A wide range of care homes and care services for children and adults with physical and/or learning disabilities, complex health needs and communication difficulties
- Emergency care and crisis intervention
- Short-term, shared care and holiday breaks
- Flexible overnight and day support
- Short, medium and long-term care.

For more information please contact:

t: 0161 283 4871

e: referrals@togethertrust.org.uk

"Meridian provides our family respite from our son's extremely challenging behaviours which are due to his autism condition. Without Meridian we could not use any service that is not ASC specific leaving us once again fading into a black hole and a bleak future for our family.

Our son can't wait to go to Meridian, he loves to stay. This gives us great comfort, we can't cope all of the time and need extra help."

Parent, 2009

Competition winners photography 2009, young people's participation group.





Jane's story

Jane aged 9 had experienced a number of foster placements and residential disruption when she came to live in a **Together Trust residential home**. Following a six month assessment period funding was agreed for a further period of 12 months to allow our home to prepare Jane for a foster placement. The home and the **Together Trust's fostering service** worked together over the next twelve months.

Individual **Life Story** and **Play Therapy** work supported Jane to make sense of her life, gain a healthy view of herself and understand the reasons why she could not live with her birth family.

Jane had been excluded from school and attended a **Together Trust education provision** which supported her learning needs. The fostering service was fully involved in the assessment period and provided ongoing support to the home whilst simultaneously family finding.

Jane moved to a foster home 18 months after arrival at the Together Trust; she also moved to a mainstream educational provision.

In October 2009 Jane left her foster carers to live independently aged 19 years. She currently attends college studying for a BTEC in business studies and remains actively involved with the Together Trust attending numerous social events and holiday activities.



Fostering

The Together Trust fostering service provides a comprehensive range of family placements including:

- Emergency placements
- Long-term, stable family placements
- Sibling groups
- Specialist short breaks
- Mother and baby
- Disability and complex needs
- Excellent support and reward packages for foster carers including 24 hour support and training.

For more information please contact:

t: 0161 283 4800

e: foster@togethertrust.org.uk



"I don't think I could have had a better family"

Young Person, Together Trust foster care, 2009

"The foster carers have excelled in their ability to work in partnership with all members of R's birth family to promote his needs via regular, positive contact arrangements.

R's change of placement cannot undermine the input of the tremendous love and care that has been constantly offered to him by the carers throughout this placement."

Local Authority Social Worker, 2009



Work for us

Investing in staff and volunteers

Our 800+ specialist staff and volunteers include teachers, social care professionals, therapists, nursing and administration staff.

Together, we deliver over 30 social care, education and community services to over 1000 services users and families every year.

We are committed to the Investors in People standard and developing our workforce by providing career development and high standards of training.

If you are interested in working for us or volunteering visit our website for our latest vacancies or contact our personnel department

t: 0161 283 4828

e: jobs@togethertrust.org.uk

"Thank you for the life I've had with the Together Trust. I have lots of good memories of places I've been and the friends I've met. I can't imagine life without you in the past 6 years."

Young person, Together Trust foster care, 2009

Make a difference

Fundraised income provides the Together Trust with vital funds to help improve new and existing services. Your donation can help us.

£250 could buy...

Gardening equipment to maintain a vegetable plot to help children learn about healthy eating.

"Growing my very own veg would be great because it's much more fun than going to a supermarket. I will water them and watch them get bigger. Then we can eat them and be healthy!"

£500 could buy...

A wall projector used to project images in a sensory room at one of our homes for young people with autism.

"I go to the sensory room when I feel stressed for a rest. The lights will help me feel really calm and relaxed. The different colours make me happy."

£1000 could buy...

An independent holiday activity for our young people in foster care. It is a great opportunity to make friends and gain confidence.

All income gained through service delivery or fundraising activity is invested in the support and development of services for children, young people and adults in need.

Help us to nurture and encourage our service users with complex needs by completing the 'get in touch' form opposite.



Get in touch

Title: First name(s):

Surname:

Address:

Postcode:

Email:

Please send me more information about: (please tick all that apply)

- | | |
|--|--|
| <input type="checkbox"/> Special education and support | <input type="checkbox"/> Fostering |
| <input type="checkbox"/> Residential services | <input type="checkbox"/> Complex physical disabilities |
| <input type="checkbox"/> Domiciliary and support | <input type="checkbox"/> Autism services |
| <input type="checkbox"/> Community services | <input type="checkbox"/> Fundraising |

I would like to make a single donation of:

- £5 £30 £100 other £

I enclose a cheque payable to the 'Together Trust', or please debit my:

- | | |
|---|-------------------------------------|
| <input type="checkbox"/> Visa | <input type="checkbox"/> MasterCard |
| <input type="checkbox"/> Switch/Maestro | <input type="checkbox"/> Solo |

Valid from: / / Expires: / /

Issue number (switch):

Security code (last 3 digits from the number on the back of your card):

Gift Aid: If you are making a donation use Gift Aid and you can make it worth even more. For every £1 you give, we get 28p from HMRC. It's that simple. To qualify for Gift Aid, what you pay in income tax or capital gains must at least equal the amount we will claim in the tax year.

Sign:

Date:

Please notify the Together Trust if you wish to cancel this declaration, change your name or home address, or no longer pay sufficient tax on your income and/or capital gains.

The Together Trust will not pass your details to any other organisation. If you already receive information from the Together Trust we will continue to send it unless you tell us otherwise by writing to CE Office, Together Trust, Schools Hill, Cheadle, Cheshire SK8 1JE. If you are new to the Together Trust, please tick here if you do not want to receive information from us:

If you would like to know more about our services or how you can help make a difference to the lives of our service users, just detach this coupon and return it to the Together Trust at the address below.

You can also make a donation by filling in your details on this coupon. A gift of any size will help the Together Trust.

For further information please contact:

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Schools Hill, Cheadle, Cheshire SK8 1JE

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Registered charity number 209782

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This document can be downloaded from www.togethertrust.org.uk

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