

All Together



IKEA-a-thon comes to Manchester!

IKEA Manchester organised their first ever IKEA-a-thon in October, consisting of a furniture assault course across the top level car park of the store in Ashton and ending in a 60ft abseil off the building. Participants tackled a walkway of pallets, leapt over sofas, made up a bed with full linen and threw balls into boxes. They then took a leap of faith by walking, sliding or jumping down the side of the building - in full safety kit of course! All of this was daunting and tricky enough but especially difficult in the gale force winds that blew across the car park.

IKEA co-workers, shoppers and Together Trust supporters were quick to sign up for this unique event, raising £1000 on the day. As the day went on the winds dropped and the sun shone tempting more and more people to take on the abseiling challenge. Meanwhile, a climbing wall kept younger shoppers happy.

This is the start of a year-long charity partnership, with all money raised supporting Inscape House, the Together Trust's specialist education service for children and young people with autism.



Better Together Week 2010

This year we launched the Together Trust's first ever 'Better Together Week', a fundraising week intended to raise funds for – and awareness of – the Together Trust. The idea was quite simple – supporters could raise money in any way that they liked, as long as they did it together with others. The only limit to what people could do was their imagination and the week proved that our supporters have plenty of that! Running from Saturday 30th September to Saturday 6th November, Halloween and Bonfire Night gave additional opportunities for themed events. *Find out what happened on page 4...*

About the Together Trust

The Together Trust has been supporting people in need for over 140 years. What began in 1870 as a refuge for disadvantaged children has expanded into a charity providing residential care, special education, fostering and community based services across the North West and North Wales. We believe that everyone deserves an equal chance in life. There are no exceptions. Everyone has the ability and right to experience joy, happiness and hope. By providing specialist services to children, young people and adults with behavioural challenges, learning difficulties, physical disabilities, complex health needs and autism spectrum conditions the Together Trust does everything in its power to make that happen.

At Together Trust we commit to spending every penny of voluntary income for the direct benefit of the people we support. Every penny we receive makes a difference. It is used to improve the lives of the people we work with and give them the most positive future possible.

We are very grateful to all the individuals, companies, organisations and groups who support us. If you are able to make a donation, a gift in kind, or help in any way we would be happy to hear from you.

Please return the form on page 7/8, phone us on 0161 283 4822 or email fundraising@togethertrust.org.uk

From the Chief Executive

This edition of All Together clearly shows the breadth and range of our fundraising activities and the diverse nature of the people and organisations who are so loyal to us. We continue to be astounded by how generous people can be and how determined they are to raise funds, despite sometimes having to overcome personal fears and push their own boundaries in order to do so.

Every one of you makes a tremendous difference and is so important to us. I know that we are all feeling the pinch in these difficult times and there are more demands on our pockets than ever before but, if you can, please continue to remember the Together Trust - we need your support now more than ever.

David Marriott, Chief Executive

Support us and you'll be supporting young people like Jane...

Jane's story

Jane was 9 when she came to live in a Together Trust residential home. She had experienced a number of foster placements and life had been quite unsettled. Staff at the home worked with the Together Trust's Fostering team to help Jane to prepare for a new fostering placement. Jane was helped to explore her Individual Life Story and had sessions with a specialist Play Therapist. Gradually Jane was able to develop a healthy view of herself and to understand why she could not live with her birth family.

Jane had previously been excluded from school but at the Together Trust she was able to attend one of our specialist education services which fully supported her learning needs. As a result of the care and attention Jane received in the residential home, from the fostering team and within her specialist education placement, she was able to successfully move to a new foster home and back into mainstream education within 18 months of arriving at the Together Trust.

Aged 19 Jane moved on from foster care to live independently and study for a BTEC in Business Studies at College. She is still actively involved with the Together Trust 'family', attending the annual holiday for foster families and social events.

Things are looking good for Jane. We're so proud of what she has achieved. But importantly she also knows that if she needs more help in future, the Together Trust is here for her.

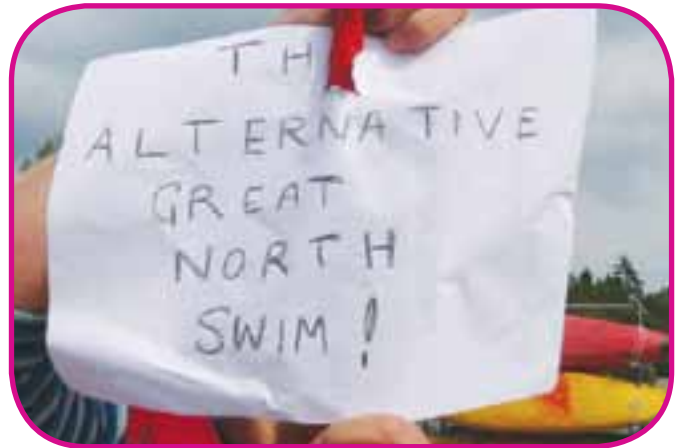


A taste of Bollywood

The glitz and glamour of Bollywood came to Garam Massala in Cheadle Hulme recently at a spectacular charity evening in aid of the Together Trust.

Over 70 guests enjoyed a delicious meal and fabulous dancing from the Starlight Performing Arts Academy. Guests were also given the opportunity to try out some classic Bollywood dancing moves with students from Panache. Diners came dressed in beautiful saris and kaftans and dug deep for the auction and raffle.

The event made a fantastic £1,300 to support the children, young people and adults in our care. A huge thank you to local businesswoman Julie Peacock for organising this event.



Open air swim

Unfortunately, the British Gas Great North Swim, due to be held September 4th and 5th 2010 in Lake Windermere, was cancelled by the organisers due to blue-green algae and the risk to swimmers' safety.

Determined not to let her sponsors down, swimmer Carine Bishop organised an 'Alternative Great North Swim' in Lake Coniston. She appointed an official time keeper, adjudicator and rescue canoeist and swam with another swimmer, completing one mile in 39 minutes 52 seconds and raising over £1,000.

Many other swimmers did something similar or entered other organised swims, proving that Together Trust supporters are a resourceful bunch!



Better Together Week 2010

continued from cover... Community groups, organisations and individuals really threw themselves into raising funds. Here are just a few of the week's highlights...

Coffee and chat together

Several local churches organised coffee mornings which were well attended by local people sniffing out the homemade cakes tea, coffee and conversation. Visitors could try their luck in raffles, stock up on Christmas cards and purchase everything from homemade marmalade to chocolate cake to scones and shortbread. Our thanks go to Gatley United Reformed Church, St. James Church Gatley, Chelwood Baptist Church Cheadle Hulme and Trinity Church in Cheadle.



Munch together

Tangerine PR and Marks & Spencer both organised sales of homemade cakes to tempt their colleagues from their pre-Christmas diets. Who knew we had so many budding Delias and Nigellas amongst our supporters? Jo Hart from Tangerine PR said *"Better Together Week provided a great excuse to indulge in something naughty but nice. Perhaps it should be more than once a year!"*



Get spooked together

Cheadle and Gatley Ladies Circle were treated to a spooky safari supper by the men of the Round Table. The men had decorated four venues and prepared a feast for the evening. All the venues had a spooky theme ranging from the Addams Family to Thriller. Crazy menus had been assembled and creepy tasks were undertaken! Organiser Mike Garner said *"An absolutely fantastic time was had by all, made better... by being together and raising £250 for the Together Trust in the process!"*



Anything goes together

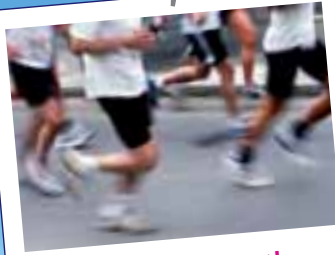
Staff and young people at the Together Trust also got creative, organising pyjama parties, sponsored walks and a guess the weight of the cake competition (with a yummy cake baked by the young people) amongst other activities. Special mention must go to the male staff of Meridian who went above and beyond the call of duty by dressing up as ladies for the day and completing a number of challenges to be crowned 'Meridian's Next Top Model'. An event not for the faint-hearted, whether participating or just watching! Equally creative were the staff and students at Inscape House Schools who brought a taste of the Latino to Cheadle with their sponsored Macarena dance.



Better Together Week 2010 was a huge success with a whole array of activities raising over £1300. As well as the activities above there were bacon butty breakfasts, Halloween dress up days, and pub quizzes. You can see that Together Trust supporters are not just dedicated, they are creative too! The best thing was to see so many people having fun whilst raising vital funds to support our work. A big thank you to everyone who got involved. We'll be doing it all again in 2011 – so what are you waiting for?

Thank you and well done...

...to everyone who has raised money or volunteered their time. If you would like to appear on this page in the next edition please email photos to fundraising@togethertrust.org.uk



Richard Dee ran the London 10k and Jean Galley ran the Warrington half marathon



Liz and Nicholas Lees cycled the Lancashire Loop and raised £150



Paul Millar and Paul Bentley raised over £900 walking the 84 mile length of Hadrian's Wall



Jan and Caspar Harmens climbed Mount Kilimanjaro



Roughley's Bikers donated £1,000 from their annual Bike Show



Andrew Murray and RBS/Natwest organised two very successful golf days



Dulux Decorator Centres decorated five bedrooms at Meridian



Marks & Spencer painted fences and tidied up the garden at Pocket Nook



Great North Runners collectively raised over £3,000



EN Magazine selected Newbridge as the chosen charity for the North West Entrepreneur of the Year Awards



Richard Chesworth raised over £1,000 on his Ride Across Britain Cycle Challenge

Events diary

2010

December	all month	Christmas gift appeal
	12th	Roughley's Bikers toy drop (Schools Hill, Cheadle, Cheshire)
	14th	Carol Service (6pm, St Mary's Church, Cheadle, Cheshire)

2011

April	all month	Easter Egg Appeal
	10th	Car Boot Sale (Schools Hill, Cheadle, Cheshire)
	17th	Virgin London Marathon
May	1st	Manchester to Chester Cycle Ride
	15th	Bupa Great Manchester Run
June	4th	Cheadle Festival (90th anniversary!)
	TBC	British Gas Great Salford Swim
	4th	Abersoch 10k Beach Race
July	17th	Car Boot Sale (Schools Hill, Cheadle, Cheshire)
September	3rd/4th	British Gas Great North Swim
	10th/11th	Tatton Park Triathlon (Cheshire)
	11th	Car Boot Sale (Schools Hill, Cheadle, Cheshire)
	18th	BUPA Great North Run
October	8th	Lancashire Loop Cycle Challenge



If you would like to take part in any of the above events or for more information, please contact Julie Williams on **0161 283 4822** or email julie.williams@togethertrust.org.uk.

Do you know your hydrangeas from your begonias?



We are always looking for keen gardeners to show off the 'fruits of their labour' by hosting an open garden. It is an opportunity to share your gardening knowledge with like minded individuals and to gain invaluable tips over a cup of tea.

Please do not hesitate to get in touch and we can provide everything you could need for the event, including posters and collection buckets as well as some practical and friendly advice.

Contact Susie Smith on **0161 283 4883** or susie.smith@togethertrust.org.uk

New specialist equipment

Thanks to a very generous donation from the **Green and Lillian F M Ainsworth and Family Benevolent Fund** we have been able to purchase a weighted blanket and a specialist light therapy box which will make a huge improvement to the lives of residents at Pocket Nook.

Pocket Nook is one of the Together Trust's residential homes for young people aged between 13 to 17 years. It offers long term placements for young people who have learning disabilities and/or autism and associated communication difficulties. As a result, the young people may experience sensory overloads which can be very stressful. By providing a controlled weight distribution, the specialist blanket (*below*) helps young people to relax when stressed, to feel safe and to fall asleep.

The light therapy box will work wonders for one of the residents who suffers severely from seasonal affective disorder, making winter a very depressing time for him and radically affecting his mood, behaviour and quality of life. This year the light therapy box should mean that he will enjoy the winter months and actively take part in Christmas festivities for the first time.



Annual raffle

Tickets are now on sale for the Together Trust's annual raffle which will be drawn on 6th June 2011. At just 50p per ticket (£5 for a book of ten) and with some fantastic prizes you would be mad to miss out. Prizes include:

1st prize: State of the art laptop

2nd prize: Top quality digital camera

3rd prize: Family lifestyle photo shoot and 30" x 11" framed print collection by Daniel Killoran

4th prize: Dinner, bed and breakfast for two people at Bredbury Hall Country Club

5th prize: £100 high street vouchers

Plus many more prizes! Contact the fundraising team for your tickets on 0161 283 4822 or fundraising@togethertrust.org.uk



Get in touch

Title: First name(s):

Surname:

Address:

Postcode:

Email:

Tel (including area code):

Sign:

I would like to make a single donation

£5 £30 £100 other £

I enclose a cheque payable to the 'Together Trust', or please debit my

Visa MasterCard Switch/Maestro Solo

Card number:

Valid from: / Expires: /

Issue number (switch):

Security Code (last 3 digits of the number on the back of your card):

Date:

Gift Aid: If you are making a donation use Gift Aid and you can make it worth even more. For every £1 you give, we get 28p from HMRC. It's that simple. To qualify for Gift Aid, what you pay in income tax or capital gains must at least equal the amount we will claim in the tax year.

I WOULD LIKE TO GIFT AID MY DONATION AND ALL FUTURE DONATIONS TO THE TOGETHER TRUST (PLEASE TICK)

Please notify the Together Trust if you wish to cancel this declaration, change your name or home address, or no longer pay sufficient tax on your income and/or capital gains.



Leave the world a better place

There is nothing more rewarding than seeing someone break through barriers and take control of their life. You can help ensure that the Together Trust's work with disadvantaged young people continues long after you have gone. Once you have taken care of any loved ones in your Will, please consider leaving a gift to the Together Trust. One of the most amazing gifts you can give is to help a young person achieve their potential and is a wonderful way to be remembered.



For more information or a confidential conversation about leaving a gift in your Will please contact Sally Bowden, Fundraising Manager on 0161 283 4885 or sally.bowden@togethertrust.org.uk

Everyone's a winner with the 50:50 club!

You could win one of five great cash prizes each month whilst raising money for a good cause. You donate a minimum £1.00 per month for a minimum 12 months (payment is by Standing Order). This guarantees you one stake per month but you can purchase as many stakes per month as you wish, and obviously, the more stakes you have the more likely you are to be lucky! 50% of all contributions go to the Together Trust's vital work with children, young people and adults with complex needs and 50% is prize money.

You will be automatically entered into the monthly draw for your chance to win! Winners are notified personally of their win following each draw, and winning numbers are also posted on the website.

Sign up today by contacting Julie Williams on 0161 283 4822 or julie.williams@togethertrust.org.uk

together trust

Registered charity number 209782

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fundraising@togethertrust.org.uk

www.togethertrust.org.uk

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Get in touch

Please send me more information about:
(please tick all that apply)

- 50:50 club
- Events
- Regular giving
- Corporate support
- Special education and support
- Residential services
- Fostering
- Domiciliary and support
- Community services
- Complex physical disabilities
- Autism services

The Together Trust will not pass your details to any other organisation. If you already receive information from the Together Trust we will continue to send it unless you tell us otherwise by writing to CE Office, Together Trust, Schools Hill, Cheadle, Cheshire SK8 1JE. If you are new to the Together Trust, please tick here if you do not want to receive information from us:

RETURN TO:

**Fundraising Department
Together Trust
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Cheadle
Cheshire
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