

a Together Trust service

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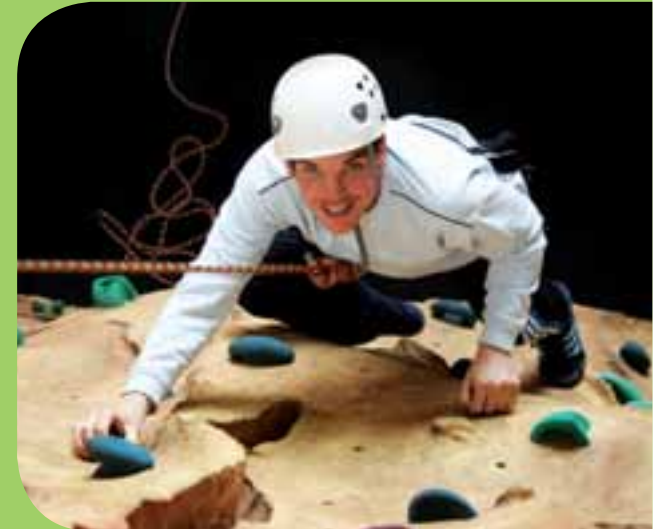
If you would like to visit Bridge College or want more information about the course please email admin@bridgecollege.ac.uk or phone **0161 487 4293**



Working towards



Step Up Course



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J's work experience placement has improved his self esteem and made him realise his worth

Parent, 2010

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021010

Bridge College is part of the Together Trust, a charity that has been operating for over 140 years. We believe that everyone deserves an equal chance in life and everyone has the ability and right to experience joy, safety, happiness and hope. By providing specialist education, care and community services to children, young people and adults the Together Trust aims to do everything in its power to make that happen.



www.togethertrust.org.uk

Registered charity number 209782



care • education • support • since 1870

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The Step Up Course

Bridge College's Step Up Course aims to meet the needs of young people with autism. Young people will be involved in a range of activities both at Bridge College and in the community. They will be able to practise and develop communication skills, social skills and thinking and problem solving skills.

A range of techniques are used to support the delivery of the curriculum including:

- PECS
- TEACCH
- Electronic communication aids (where appropriate)
- Makaton
- Pictures, symbols and objects of reference.

Specific aims of the course include:

- Developing communication skills
- Developing decision making and problem solving skills
- Developing skills in preparing for and coping with change
- Participating in community activities
- Exploring work and leisure activities
- Developing self awareness, self esteem and confidence.

Activities at Bridge College include:

- Citizenship
- Communication skills
- Community based activities
- Shopping and cooking
- Vocational and enterprise activities
- Swimming
- Men's and women's groups
- Tutorials
- Creative arts: music, drama and art

Every student has an Individual Learning Programme (ILP) that is designed to meet their needs.

Enrichment activities

A big part of college life is having the opportunity to try new things and encounter new experiences. Every student has the opportunity to go on a residential where they can try activities such as archery, climbing, kayaking and orienteering.

There are lots of social events (e.g. discos, cultural celebrations etc.) that take place every term as well as sporting events, lunchtime clubs and educational visits.

What help do I get as a student?

Every student at Bridge College has a personal tutor who will agree an Individual Learning Plan with you. Programmes are designed to meet your needs and fulfil your aspirations. Support workers are available to help you with your learning and personal needs both in college and in the community.

Bridge College also has a specialist therapy team that will support you with daily living activities, keeping fit and healthy and improving your communication skills. There is also a college nurse who can help with your health and wellbeing.

What do I get at the end of my course?

- **Certificates** – special achievements are awarded by the college and/or an external awarding body
- **Lots of help** – we want you to make a successful transition to wherever you are going next
- **Learner file** – Photographic evidence of everything you have experienced and achieved during your time at Bridge College.